



Volunteering for wellbeing

'Volunteering changed my life, since joining the programme I have achieved a great deal in both my personal and professional life. I have made lifelong friendships and it set me on the path that led to employment.' - Volunteer



Who is it for?

We are actively seeking to recruit people who want to improve their health and wellbeing specifically:

- Young people (16 - 25yrs)
- Ex-service personnel
- Older people (50+)

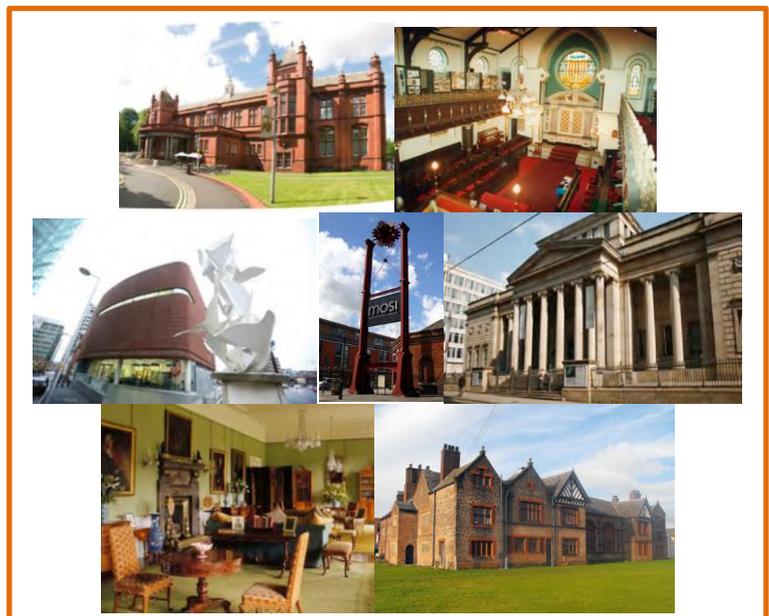
We will consider applications from anyone in the Greater Manchester area who feels they may benefit from the programme.

What is it?

A new and exciting volunteer training programme delivered at IWM North and Manchester Museum. Participants will embark on a sixteen week training programme that will help develop communication skills, increase confidence and improve wellbeing. It will provide practical experience in customer service skills as well as the opportunity to achieve accredited Open Awards units from The Manchester College.

The training course will run at IWM North and Manchester Museum for ten weeks where participants will learn about their chosen museum and find out more about volunteer roles in heritage venues. At week six, participants start to volunteer in the museum to gain practical experience on gallery. On completion of the ten week course, volunteers will have the opportunity to apply for a further six week placement at one of our partner heritage venues listed below:

- Manchester City Galleries
- Manchester Jewish Museum
- Museum of Science & Industry
- National Trust Dunham Massey
- Ordsall Hall
- People's History Museum
- Whitworth Art Gallery



What additional training is on offer?

In addition to the ten week course there is a programme of training and support to further develop skills and knowledge:

- Welcome International (accredited customer service training)
- Volunteer-to-volunteer mentoring
- Visit and learn about other heritage venues
- Further courses delivered by The Manchester College, e.g. pre-employment training

What might this programme lead to in the future?

Participants will gain new skills, practical experience working as part of a team, access to training, and increased confidence. Staff will also work with participants to help them to find:

- Further learning – our training provider, The Manchester College, will offer volunteers access to further courses and advice, guidance and support on future skills development, and careers planning.
- New volunteering opportunities – following completion of the programme, volunteers may continue to volunteer at their chosen venue (depending on vacancies), or will be offered further opportunities at organisations across the city.
- Employment – Learning new skills and gaining real work experience will enhance CV's. Participants of previous programmes have secured jobs in both the cultural and non-cultural sector.

How do I apply?

If you would like to find out more and request an application form please contact the museum you would like to apply to. On receipt of a completed application form we will invite you to a taster session to meet the team, talk to existing volunteers and find out more about the course. A support worker or friend is welcome to come along on the day.



Gill Ashcroft on 0161 836 4081 or
gashcroft@iwm.org.uk



Next taster session:
Friday 25 April 2014

MANCHESTER
1824

The University of Manchester
The Manchester Museum

Lee Ashworth on 0161 275 2473 or
lee.ashworth@manchester.ac.uk



Next taster session:
Monday 28 April 2014